

Monitoring returns on wellbeing projects

Project: Volunteer Thank You Event**Lead organisation: Leeds City Council Area Management** **Wellbeing Funding: £1,411.25**

The funding was used to provide a Volunteer Thank You Event on the 10th March 2011 at Civic Hall. Volunteers from across the inner east area were invited to a night of entertainment, buffet and refreshments. The Deputy Lord Mayor attended the event to thank the volunteers for their valuable work undertaken in communities. Local groups provided the entertainment including a youth band from John Smeaton Community High School, Gipton Together dancers and singing from 1st Crossgates Brownies and 1st Manston Guides.

**Project: Bangladeshi Centre Leeds Development Worker****Lead organisation: Bangladeshi Centre Leeds** **Wellbeing Funding: £6,216**

Funding was used to provide a development worker for 12 months at the Bangladeshi Centre. The development worker produced an aims and objectives plan for 2011/12 for events and sessions to be undertaken at the centre. From the plan several sessions were set up and were run successfully. These include Youth Station Boys Group which had from 20 – 32 young people attend and also saw 3 volunteers trained up as youth workers, Odhikar Men's Group has seen 20 people attending and participating in Fathers Parenting Course, cookery, healthy lifestyle and being active, support and information. Change for Life saw fathers bring their children to the centre to look at ways to eat healthy and stay active. 15 men also took part in activities at Fearnville Leisure Centre which included swimming, badminton and football.

Project: Making Moves**Lead organisation: Workers Educational Association** **Wellbeing Funding: £2,000**

The aim of the project was to encourage and support volunteering for people with a physical impairment. Two 10 week courses were provided for people and carers with physical impairments. Participants were invited to the initial meeting to hear what the project was about, to ask any questions and make suggestions. From this 17 people expressed an interest in the courses that were planned. The first course began in February 2011 and included group discussions and practical work around personal anxieties, barriers, misconceptions, existing skills, new skills and interest in attending a placement for volunteers. Alongside the course, 5 development meetings with project workers also took place to discuss potential volunteer placements and a partnership agreement has been drawn up. The second 10 week course undertook the practicalities of volunteering. A visit to the Volunteer Centre took place, a taster session, speaker from Job Centre Plus to answer questions on benefits and progressions, an induction at Osmondthorpe Resource Centre with potential partner organisations which resulting in all 9 organisations agreeing to participate. All participants have received an individual pre-placement visit and had a look around the area that they would be volunteering in. During July the volunteering placements took place and a celebration of the event took place at the Civic Hall.



Project: Fusion**Lead organisation: Getaway Girls****Wellbeing Funding: £9,800**

The aim of the project was to offer support to young women who are refugees and asylum seekers from the Gipton and Harehills ward. This involved 25 young women who were contacted through outreach work with key agencies. From the 25 young women, 7 have been trained as peer educators to support the work of the project. Participants have included young mothers who have received support and information relating to college and training opportunities. Other opportunities have included being involved in The Passion for Fashion show in partnership with Libraries and Housing and involvement in International Women's Day. The funding provided a crèche, sessional workers, translation materials, educational visits and a photography display. Young women were also referred and signposted to other organisations for specific support and information.

Project: Football Starts**Lead Organisation: Harehills Youth in Partnership****Wellbeing Funded: £2,739.04**

The project was aimed at young people aged 14-19 who were identified and referred via the Police and Youth Service as being at risk of being involved in crime and/or anti-social behaviour activities. The project involved 36 young people in a 24 week, 2 hour weekly football sessions. The young people were involved in delivering and being responsible for the project – setting up the equipment, assisting with health and safety and warm up sessions. This assisted the young people in confidence building, team work, organisational skills and communications skills. At the end of each session young people shared their knowledge and understanding of the importance of nutrition and ways of keeping fit.